

MY ONE PAGE PROFILE



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WHAT PEOPLE APPRECIATE ABOUT ME

- I am loyal, honest and empathetic to others
- I can be a fierce ally and strive for justice and fairness
- I have a good memory for visual and auditory information
- I am intuitive and creative so I'm a good problem solver.



WHAT IS IMPORTANT TO ME

- Learning new information and skills, and sharing them with others
- Working as a team to make the world a friendlier place for all
- Trust, accountability and honesty
- Well-being and kindness for people and animals
- Time to recharge by rock-climbing, mountaineering, reading about flamingos or building my model railway
- Connecting with friends, family and new people.



HOW TO SUPPORT ME

- Communicate important information in writing
- Be honest and clear with what I need to do and when, avoiding ambiguous language
- Use visual cues, sketches or examples to explain what you mean while you're speaking
- Allow extra time for me to respond or ask questions.

