



JUST

IN THE WORKPLACE

WHY DOES
IT MATTER?

1 in 3 autistic people have decided not to apply for a job because of a mandatory uniform.

WHY YOU?

Is there a mandatory dress code or uniform in your workplace? Maybe you or your colleagues find it uncomfortable.

Want to help build an inclusive culture at your workplace?

WHAT CAN
YOU DO?

1: Share the More Than Just Clothes Pledge with colleagues, your manager, HR representative or CEO to start the conversation about how inclusive your dress code or uniform is.

2: Invite Ambitious about Autism to talk at your office about potential cognitive biases in the workplace and how you can make reasonable adjustments for autistic people.

3: Then sign your company up to the More Than Just Clothes Pledge and show your support on social. Signalling to potential new talent that you consider autistic people's clothing needs.

#MORE THAN
JUST
CLOTHES

 Ambitious
about Autism

WE ARE A



FRIENDLY WORKPLACE

We recognise that clothes are more than just clothes and the right workplace uniform can help autistic colleagues thrive. We always take these 4 simple steps:



Leave **JUDGEMENT** out of clothes so people feel free to wear what they feel most comfortable in.



Build **UNDERSTANDING** around autism to recognise how clothes impact areas of work and life.



See clothes as **SENSORY** tools that can provide regulation in different ways for different people.



Help everyone **THRIVE** by accommodating the clothing needs of autistic people.

We want to create an inclusive environment. If you find the uniform challenging, speak to your HR professional about allowances that could be made.

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JUST
CLOTHES**



Visit ambitiousaboutautism.org.uk to find out more